Main Line Health Bariatric Center



HEALTH INFORMATION PACKET

Thank you for choosing the Main Line Health Bariatric Center based at Bryn Mawr Hospital.

In order to maximize your first visit to our office, it would be helpful if you could complete this health information packet ahead of time. You may bring it with you to the appointment, or for your convenience, we have listed our mailing address, fax number and email address if you would like to return it before your appointment. If you require assistance in completing the health packet in its entirety or have questions, please let us know. Our team will be happy to help you.

Thankyou!

phone 484.476.6230
fax 484.592.0132
email bariatrics@mlhs.org
address 830 Old Lancaster Road | Suite 300 | Bryn Mawr, PA 19010

BARIATRICSURGERY Name_____

Preoperative Patient Health Data

DEMOGRAPHICS:						
PATIENT NAME:			DATE OF BIRTH:		AGE:	SEX: MALE FEMALE
ADDRESS:						
CITY:				STATE:	ZIP:	
EMAIL:						
PRIMARY PHONE: CELL PHONE:					_ WORK PHONE:	
May we leave a messag	ge at either of thes	e phone numbers	? □ Yes □ No			
MARITAL STATUS:	☐ SINGLE	□MARRIED	☐ SEPARATED	☐ DIVORCED	☐ WIDOWED	☐ PARTNERED
EMPLOYED: ☐ YES ☐ I	NO IF SO,	OCCUPATION:				
	EMPL	OYER:				
How did you hear abou						
□ Billboard □ Brochu	re 🗆 Health Fair	□ Health Plan	□ Internet □ Jeff I	Now □ Mass Ma	iling □ Newspape	er 🗆 Ongoing Care
□ Other □ Patient □	Phys Offer/ER	□ Relative □ Ro	adio 🗆 TV 🗆	Word of Mouth		
PHARMACY NAME		PHONE	# :	PREFE	RRED LAB:	
PHYSICIAN INFOR	MATION					
REFERRING PHYSICIAN NAM	ЛЕ:					
PHONE:		FAX:				
PRIMARY PHYSICIAN NAME	:					
PHONE:		FAX:				
SPECIALTY:		PHYSIC	IAN NAME:			
PHONE:		FAX:				
SPECIALTY:		PHYSIC	IAN NAME:			
PHONE:		FAX:				

PAST MEDICAL HISTORY

(PLEASE CHECK THE BOX NEXT TO YOUR MEDICAL CONDITION)

	ANGINA
	BLEEDING PROBLEMS
	BLOOD CLOTS
	CANCER
6	a. TYPE:
	HEART ATTACK
	HEART VALVE DISORDER
	HIGH BLOOD PRESSURE
	HIGH CHOLESTEROL
	HIGH TRIGLYCERIDES
	LEG SWELLING/ULCERS
	STROKE
	ARTHRITIS
	BACK PAIN
	JOINT PAIN
	PLANTAR FASCIITIS
	DIABETES

	LOW TESTOSTERONE
	MALE PATTERN HAIR
	GROWTH (WOMEN)
	METABOLIC SYNDROM
	PREDIABETES
	THYROID DISEASE
	CELLIAC DISEASE
	CROHN'S DISEASE
	DIVERTICULOSIS
	FATTY LIVER DISEASE
	GALLSTONES
	GASTRIC ULCERS
	HEARTBURN/GERD
П	HEPATITIS

□ IRRITABLE BOWEL

SYNDROME

□ GESTATIONAL DIABETES

	COPD
	LUNG DISEASE
	PICKWICKIAN SYNDROME
	SNORING
	SLEEP APNEA
	DECREASED LIBIDO
	ENDOMETRIOSIS
	INFERTILITY
	IRREGULAR MENSES
	MENOPAUSAL
	POLYCYSTIC OVARY
	SYNDROME
	RECURRENT UTI
	RECURRENT YEAST
	INFECTION

□ PANCREATITS
□ ASTHMA

URINARY INCONTINENCE
ADHD
DEPRESSION
EATING DISORDER
GOUT
KIDNEY DISEASE
KIDNEY STONES
LOW BLOOD SALT
LOW BLOOD POTASSIUM
HEADACHES/MIGRAINE
SEI7LIRES

□ PSEUDOTUMOR CEREBRI□ DISCOLORED SKIN PATCHES

□ MAJOR INFECTIOUS DISEASE

☐ SKIN RASHES☐ SKIN TAGS

□ OTHER

ALLERGIES

PLEASE LIST ALL MEDICATIONS, FOODS, SUBSTANCES YOU ARE ALLERGIC TO AND INDICATE WHAT HAPPENS WHEN YOU ARE EXPOSED TO IT (EXAMPLE: PENICILLIN > RASH)

PRESCRIPTIONS

ALL PRESCRIPTION MEDICATIONS, OVER-THE-COUNTER MEDICATIONS, VITAMINS/MINERALS (E.G., CALCIUM, ONE-A-DAY), HERBALS (E.G., ST. JOHN'S WORT), TYLENOL, ADVIL, EX-LAX

PRESCRIPTION NAME	DOSE(E.G.,"MG")	TIMES PER DAY YOU TAKE	WHY YOU TAKE

PRIOR SURGERIES, PROCEDURES, AND PREGNANCIES

(PLEASE LIST ALL SURGERIES AND PROCEDURES YOU HAVE HAD)

DATE	SURGERY / PROCEDURES / PREGNANCIES	DATE	SURGERY / PROCEDURES / PREGNANCIES

BARIATRIC SURGERY

Name

Preoperative Patient Health Data

FAMILY MEDICAL HISTORY

CHECK IF ADOPTED							
	AGE	MEDICALCONDITIONS	IF DECEASED, CAUSE OF DEATH				
FATHER							
MOTHER							
SIBLING							
SIBLING							
SIBLING							

FAMILY WEIGHT HISTORY

MOTHER	FATHER	SIBLINGS
□ NORMAL WEIGHT □ SLIGHTLY OVERWEIGHT (-30 POUNDS) □ MODERATELY OVERWEIGHT □ MARKEDLY OVERWEIGHT (+100 POUNDS)	□ NORMAL WEIGHT □ SLIGHTLY OVERWEIGHT (-30 POUNDS) □ MODERATELYOVERWEIGHT □ MARKEDLY OVERWEIGHT (+100 POUNDS)	□ NORMAL WEIGHT □ SLIGHTLY OVERWEIGHT (-30 POUNDS) □ MODERATELYOVERWEIGHT □ MARKEDLY OVERWEIGHT (+100 POUNDS)
CHILDREN	SPOUSE	
	31 0032	

SOCIAL HISTORY

PLEASE CHECK THE BOX THAT BEST APPLIES TO YOU

TOBACCO USE								
☐ CURRENT EVERY DAY SMOKER ☐ CURRENT SOME DAY S			AY SMOKER	□ F	□ FORMER SMOKER □			NON-SMOKER
HOW MANY PACKS PER DAY? HOW MANY YEARS HAVE YO			RS HAVE YOU	J BEEN SMOKING?				QUIT DATE:
SMOKELESS TOBACCO USE	SMOKELESS TOBACCO USE							
☐ CURRENT USER	CURRENT USER			QU	QUIT DATE:			NEVER USED
ALCOHOL USE								
HOW MANY SERVINGS OF AL	СОНО	L DO YOU USUALLY HAY	VE PER WEEK	?	□ 0 □ 1	2	<u>5</u>	5 – 7 □8+
□ BEER		IQUOR	□ WINE			□ STANDAR	RD D	PRINK OR EQUIVALENT
ILLICIT DRUGS USE								
DO YOU HAVE A HISTORY OF ILLICIT DRUG USE?								
SEXUALLY ACTIVITY								
HAVE YOU BEEN SEXUALLY A	ACTIVE	IN THE PAST 12 MONT	HS?		☐ MEN	☐ WOMEN	□в	ЮТН

PERSONAL WEIGHT LOSS HISTORY

CURRENT WEIGHT	LENGTH OF TIME AT CURRENT WEIGHT			
LOWEST WEIGHT	HIGHEST WEIGHT WEIGHT AT 18 YEARS OLD			
HEIGHT	GOAL (DESIRED) WEIGHT			
GREATEST WEIGHT LOSS	HOW			

WEIGHT LOSS METHODS ATTEMPTED	WEIGHT LOSS	SUPERVISED BY PHYSICIAN	SUSTAINED OVER SIX MONTHS	ATTEMPTED WITHIN THE LAST TWO YEARS			
□ NONE							
COMMERCIAL PROGRAMS							
☐ WEIGHT WATCHERS							
☐ JENNY CRAIG							
□ OPTIFAST							
□ NUTRISYSTEM							
□ ATKINS							
□ торѕ							
□ OA							
☐ SOUTH BEACH DIET							
☐ RICHARD SIMMONS							
□ HERBALIFE							
□ PRITIKIN							
MEDICATIONS							
□ FEN-PHEN							
□ MERIDIA							
□ XENICAL							
☐ AMPETAMINES							
□ PHENTERMINE							
□ ACUTRIM							
□ ТОРАМАХ							
□ DEXATRIM							
□ REDUX							
□ MEDIFAST							
□ LAXATIVES							
BEHAVIOR MODIFICATION							
□ PSYCHOTHERAPY							
☐ HYPNOSIS							
□ ACUPUNCTURE							
☐ CONSULT WITH REGISTERED DIETITIAN							
OTHER							
☐ HEALTH CLUB MEMBERSHIP							

FOOD INTAKE

DO YOU EAT BREAKFAST EVERY DAY?										
HOW MANY MEALS DO YOU EAT PER DAY?										
HOW MANY SNACKS DO YOU EAT PER DAY?										
WHAT FOODS DO YOU EAT ON A TYPIC	CAL DAY?									
HOW MANY SERVINGS OF FLUIDS DO YOU CONSUME PER DAY?										
WATER			COFFEE/TEA							
NON-FAT OR REDUCED FAT MILK			WHOLE MILK							
DIET SODA			REGULAR SODA							
FRUIT JUICE			SPORTS DRINK							
ALCOHOLIC BEVERAGES										
DO YOU HAVE ANY INTOLERANCE?										
DO YOU HAVE ANY SPECIAL DIET?										
HOW FAST DO YOU NORMALLY EAT? (C	IRCLE ONE)	SLOWLY	MODERATELY							
PHYSICAL ACTIVITY:										
DOES BACK/JOINT PAIN INTERFERE WITH SLEEP?										
ARE YOU ABLE TO EXERCISE?										
DESCRIBE YOUR LIMITATIONS TO EXERCISE:										
DESCRIBE EXERCISE YOU DO AND YOUR TOLERANCE TO IT:										

PLEASE PLACE IN THE APPROPRIATE BOX

REVIEW OF SYMPTOMS

						D			

HYPERTENSION (HIGH BLOOD PRESSURE)	PERIPHERAL VASCULAR DISEASE
□ 0)NONE	□ 0)NONE
☐ 1) BORDERLINE HIGH, NO MEDICATIONS	☐ 1) NO SYMPTOMS WITH BRUIT
☐ 2) DIAGNOSIS OF HYPERTENSION, NO MEDS	□ 2) LEG PAIN WITH WALKING, ON CIRCULATION MED
□ 3) USE SINGLE MED □ 4) USE MORE THAN ONE MED	 □ 3) MINI-STROKE OR LEG PAIN WITH WALKING, RELIEVED BY REST □ 4) PROCEDURE FOR PERIPHERAL VASCULAR DISEASE (STENT,
□ 5) POORLY CONTROLLED BY MEDS, ORGAN DAMAGE	ANGIOPLASTY)
= 5/1 GONET GONTHOLLES STIMESS, GNGTHESTHINGE	□ 5) STROKE, LOWER EXTREMITY TISSUE LOSS
HEART FAILURE (CONGESTIVE HEART FAILURE):	
SHORTNESS OF BREATH, FATIGUE, EDEMA	LOWER EXTREMITY EDEMA
□ 0)NONE	□ 0)NONE
☐ 1) CLASS I: SYMPTOMS WITH MORE THAN ORDINARY ACTIVITY	☐ 1) INTERMITTENT LOWER EXTREMITY EDEMA, NO TREATMENT
□ 2) CLASS II: SYMPTOMS WITH ORDINARY ACTIVITY	☐ 2) LEG EDEMA REQUIRING MED, ELEVATION, DIURETICS, STOCKINGS
☐ 3) CLASS III: SYMPTOMS WITH MINIMAL ACTIVITY ☐ 4) CLASS IV: SYMPTOMS AT REST	☐ 3) STASIS ULCERS ☐ 4) DISABILITY, INFECTIONS, CANNOT WALK
	4) DISABILITY, INFECTIONS, CANNOT WALK
DO YOU HAVE AN ENLARGED HEART ON ULTRASOUND? YES NO	DVT/PE
ISCHEMIC HEART DISEASE	□ 0)NONE
□ 0)NONE	☐ 1) HISTORY OF DVT RESOLVED WITH ANTI-COAGULATION
□ 1) ABNORMALEKG (OCCSKIPPED BEATS OR FAST HEART BEAT OR	☐ 2) RECURRENT DVT, LONG TERM ANTI-COAGULATION MEDS ☐ 3) PREVIOUS PE
ATRIALFIBRILLATION)	☐ 4) RECURRENT PE DECREASED FUNCTION
□ 2) HISTORY OF HEART ATTACK OR ANTI-ISCHEMIC MED □ 3) STENT OR CABG	□ 5) VENA CAVAL FILTER
□ 4) ACTIVE CHEST PAIN	•
_ ,,	DO YOU:
CHEST PAIN	☐ HAVE SUPERFICIAL PHLEBITIS
□ 0)NONE	☐ TAKE BIRTH CONTROL PILLS
☐ 1) CHEST PAIN WITH EXTREME EXERTION OR EXERCISE (RUNNING,	☐ TAKE BLOOD-THINNING MEDICATIONS (ANTICOAGULANTS)
SWIMMING, ETC.)	☐ HAVE LUPUS
 □ 2) CHEST PAIN WITH MODERATE EXERTION OR EXERCISE □ 3) CHEST PAIN WITH MINIMAL EXERTION OR AT REST (WALKING 	☐ HAVE FACTOR V LEIDEN DISORDER ☐ HAVE AN ABNORMALITY IN PROTEIN C OR PROTEINS HAVE
ACROSS ROOM)	
□ 4) CHEST PAIN AT REST	YOU HAD MULTIPLE MISCARRIAGES? ☐ YES ☐ NO
DO YOU HAVE PACEMAKER? □ YES □ NO	
METABOLIC DISEASE	
GLUCOSE DISORDER	LIPID DISORDER
□ 0)NONE	□ 0)NONE
☐ 1) ELEVATED FASTING BLOOD SUGAR	☐ 1) PRESENT BUT NO TREATMENT
□ 2) DIABETES CONTROLLED WITH ORAL MEDS	 □ 2) CONTROLLED WITH DIET MODIFICATION □ 3) CONTROLLED WITH SINGLE MED
□ 3) DIABETES CONTROLLED WITH INSULIN	☐ 4) CONTROLLED WITH MULTIPLE MEDS
□ 4) DIABETES CONTROLLED WITH ORAL MEDS AND INSULIN	5) POORLY CONTROLLED
□ 5) DIABETES WITH EYE, KIDNEY, NERVOUS OR CIRCULATION PROBLEMS	COUTDICARDED
	GOUTDISORDER
	□ 0)NONE □ 1) HIGH HERE ACID, NO SYMPTOMS
	☐ 1) HIGH URIC ACID, NO SYMPTOMS ☐ 2) HIGH URIC ACID, ON MEDS
	☐ 3) JOINT ABNORMALITY
	☐ 4) DESTRUCTIVE JOINTS
RESPIRATORY DISEASE	
OBSTRUCTIVE SLEEP APNEA	OBESITY HYPOVENTILATION SYNDROME
□ 0)NONE	□ 0)NONE
☐ 1) SYMPTOMS BUT NEGATIVE SLEEP STUDY OR NOT ALONE	☐ 1) LOW OXYGEN OR HIGH CO2 ON ROOM AIR
☐ 2) DIAGNOSED WITH SLEEP STUDY, NO APPLICATION (CPAP, BIPAP)	☐ 2) SEVERELY LOW OXYGEN OR HIGH CO2
☐ 3) OSA REQUIRING APPLIANCE (CPAP, BIPAP)	☐ 3) PULMONARY HYPERTENSION
☐ 4) OSA WITH HYPOXIA OR O2 DEPENDENT	□ 4)RIGHT HEART FAILURE
□ 5) OSA WITH PULMONARY HYPERTENSION	☐ 5) RIGHT AND LEFT HEART FAILURE
E CDAD CETTING	

BARIATRICSURGERY Name PULMONARY HYPERTENSION **ASTHMA** □ 0)NONE □ 0)NONE □ 1) SYMPTOMS (TIREDNESS, SOB, DIZZINESS, FAINTING) □ 1) INTERMITTENT MILD SYMPTOMS, NO MEDS □ 2) CONFIRMED DIAGNOSIS □ 2) SYMPTOMS CONTROLLED WITH ORAL INHALERS □ 3) ON MEDS FOR PULMONARY HYPERTENSION (ANTICOAGULANTS □ 3) WELL CONTROLLED WITH DAILY MEDS **OR CALCIUM CHANNEL BLOCKERS)** ☐ 4) SYMPTOMS NOT WELL CONTROLLED, ON STEROIDS OR ANTI-☐ 4) ON STRONGER MEDS OR OXYGEN CHOLINERGICS ☐ 5) NEEDS OR HAS LUNG TRANSPLANTATION ☐ 5) HOSPITALIZED WITHIN THE LAST 2 YEARS, HISTORY OF **INTUBATION GASTROINTESTINAL DISEASE ABDOMINAL HERNIA** ☐ 4) HIGH DOSE PPI (PRILOSEC, NEXIUM, PERVACID PROTONIX TWICE DAILY) □ 0)NONE ☐ 5) MEETS CRITERIA FOR SURGERY OR HAND ANTI-REFLUX SURGERY OR ☐ 1) HERNIA BUT NO SYMPTOMS PROCEDURE, HISTORY OF BARRETT'S ESOPHAGUS □ 2) HERNIA WITH PAIN OR OTHER SYMPTOMS ☐ 3) SUCCESSFUL REPAIR OF ABDOMINAL HERNIA **HIATAL HERNIA** ☐ 4) RECURRENT ABDOMINAL HERNIA OR HERNIA LARGER THAN 15 CM ☐ 5) CHRONIC PROLAPSE THROUGH LARGE HERNIA, OR MULTIPLE OR □ 0)NONE **FAILED HERNIA REPAIRS** □ 1) SMALL HERNIA □ 2) LARGE HERNIA **GALLSTONES** ☐ 3) DIFFICULTY SWALLOWING □ 4) SURGICAL REPAIR OF HIATAL HERNIA □ 0)NONE ☐ 1) GALLSTONES WITH INTERMITTENT SYMPTOMS □ 2) GALLSTONES WITH SEVERE SYMPTOMS OR HAD SURGERY FOR LIVER DISEASE **GALLBLADDER** □ 0)NONE □ 3) GALLSTONES WITH COMPLICATIONS REQUIRING EMERGENCY ☐ 1) MILD LIVER ENLARGEMENT OR FATTY LIVER, NORMAL LIVER BLOOD SURGERY BEFORE BARIATRIC SURGERY TESTS (CATEGORY 1) □ 4) HISTORY OF GALLBLADDER REMOVAL WITH ONGOING COMPLICATIONS □ 2) MODERATE LIVER ENLARGEMENT OR FATTY LIVER, ABNORMAL NOT RESOLVED LIVER BLOOD TESTS (CATEGORY 2) □ 3) MARKED LIVER ENLARGEMENT OR FATTY LIVER WITH **HEARTBURN/GERD INFLAMMATION OR FIBROSIS (CATEGORY 3)** □ 0)NONE ☐ 4) DEFINE NASH, CIRRHOSIS, HEPATIC DYSFUNCTION BY LIVER ☐ 1) INTERMITTENT SYMPTOMS, NO MEDS **BLOOD TESTS** □ 2) INTERMITTENT MEDS ☐ 5) HEPATIC FAILURE. TRANSPLANT INDICATED OR DONE ☐ 3) H2 BLOCKERS (ZANTAC, TAGAMET, PEPCID) OR LOW DOSE PPI **MUSCULOSKELETAL BACK PAIN** □ 0)NONE **FIBROMYALGIA** ☐ 1) INTERMITTENT SYMPTOMS NOT REQUIRING TREATMENT □ 0)NONE □ 2) SYMPTOMS REQUIRING A NON-NARCOTIC TREATMENT ☐ 3) SYMPTOMS REQUIRING NARCOTICS, OBJECTIVE FINDINGS ON ☐ 1) TREATED WITH EXERCISE □ 2) TREATED WITH NON-NARCOTICS MEDS **EXAM OR STUDY** ☐ 4)SUCCESSFULSURGERY ON BACKALREADY DONE OR PENDING □ 3) TREATED WITH NARCOTICS ☐ 4) SURGERY REQUIRED OR PLANNED □ 5) FAILED SURGERY ON BACK WITH CONTINUED EXISTING □ 5) DISABLING, TREATMENT NOT EFFECTIVE SYMPTOMS **FUNCTIONAL STATUS** JOINT PAIN □ 0) ABLE TO WALK 200 FEET UNASSISTED □ 0)NONE □ 1) ABLE TO WALK 200 FEET WITH ASSISTANCE (CANE, WALKER) ☐ 1) PAIN WITH WALKING OUT OF HOUSE, NO TREATMENT ☐ 2) UNABLE TO WALK 200 FEET ☐ 2) PAIN WITH WALKING OUT OF HOUSE, REQUIRING NON-☐ 3) UNABLE TO WALK MORE THAN 10 FEET WITH ASSISTANCE NARCOTICS ☐ 3) PAIN WITH WALKING AROUND HOUSE □ 4) SURGERY REQUIRED SUCH AS ARTHROSCOPY □ 5) NEED OR HAS HAD JOINT REPLACEMENT **GENERAL**

SKIN/PANNUS

□ 0)NONE

☐ 1) SKIN FOLD IRRITATION

□ 2) PANNUS/SKIN FOLDS INTERFERE WITH WALKING

□ 3) RECURRENT CELLULITES, ULCERATION

4) SURGICAL TREATMENT REQUIRED
 5) DISABILITY, UNABLE TO WA

☐ 1) HEADACHE WITH DIZZINESS, NAUSEA, AND/OR PAIN BEHIND EYES

□ 2) HEADACHES WITH VISUAL SYMPTOMS, OR ON DIURETICS

☐ 5) REQUIRES NARCOTICS OR SURGERY DONE OR NEEDED

☐ 4) CONTROLLED WITH STRONGER MEDICATIONS

PSUEDOTUMOR CEREBRI (PCT)

☐ 3) MRI CONFIRMS PCT