











# Main Line Health Sustainability Report

FY2023





"We know environmental sustainability and human health are inextricably linked. Minimizing Main Line Health's impact on climate change is of the utmost importance to us. We have and will continue to take steps to reduce our carbon, waste and water footprint, disclose our efforts in a transparent way and connect with our patients and staff through environmentally focused community events and offerings. Our focus is to improve the human condition through thoughtful environmental stewardship."

—Jack Lynch III, FACHE
President and CEO, Main Line Health

#### Climate Statement

Main Line Health is committed to improving the human condition through environmental stewardship. We recognize that climate change and other environmental impacts are affecting human health and have the potential for that harm to intensify in the coming years. Through our sustainability goals and initiatives, we are helping to address these timely challenges. As a health care provider, we owe it to our community to conduct our business with a responsible and environmentally conscious approach. We are fervently working toward implementing strategies that will:

- Reduce water and waste intensity
- · Improve recycling and composting
- Lower our carbon footprint
- Reduce energy consumption

In addition, we are training our employees and fostering a culture of sustainable mindfulness throughout our health system. Main Line Health envisions a future of thriving human and environmental health and is taking the necessary steps to bring this future about.

#### Mission Vision Values

#### **OUR MISSION**

To meet the health care needs of the communities we serve and to improve the quality of life for all people by providing a comprehensive range of safe, equitable and highquality health services, complemented by interdisciplinary education and research programs.

#### **OUR VISION**

Be the health care provider of choice in our communities by eliminating harm, achieving top decile performance, delivering equity for all and ensuring affordability.

#### **OUR VALUES**

- Keep our patients, employees and medical staff safe
- Deliver high-quality, compassionate care
- Foster an environment of diversity, respect, equity and inclusion
- Work together as a **system** to achieve common goals
- Innovate, embrace change and do the right thing

# By the Numbers

We recognize the role Main Line Health plays in sustainability. We have a responsibility to our community to reduce our impact — both regionally and globally — as well as show how health and sustainability intersect.

12,700+ EMPLOYEES	61,189  TOTAL DISCHARGES
8,190 BIRTHS	232,319  HOME HEALTH VISITS
1,331  LICENSED BEDS	1,255,017 OUTPATIENT VISITS
184,485 ER VISITS	2,000+  MEDICAL STAFF

#### **AT-A-GLANCE: MAIN LINE HEALTH FACILITIES**

- Markets served: Philadelphia and its western suburbs
- **Total square footage:** Approximately nine million square feet

4	6
ACUTE CARE HOSPITALS	HEALTH CENTERS
1	40+
REHABILITATION HOSPITAL	OFFICES
1	2,000+
INPATIENT TREATMENT CENTER	PHYSICIANS

## Corporate Responsibility

# STRATEGIC PLAN — FIVE STRATEGIC IMPERATIVES AND GOALS

- 1. Reimagine and Deliver the Best Experience
- 2. Advance the Health and Wellbeing of the Communities we Serve
  - 2E: Develop and implement a
     Sustainability Program to reduce our impact on the environment and create spaces that promote healing and wellness
- 3. Develop Highly Engaged Employees, Physicians and Partners
- 4. Drive Strategic Growth and Deliver Outstanding Value
- 5. Advance Research and the Education of Future Healthcare Providers

#### For FY23, the following priorities were established:

- Develop comprehensive list of sustainability initiatives underway.
- Create a summary of program efforts completed in conjunction with Practice Greenhealth.
- Develop program guide for phased development and implementation of Sustainability Program.
- Provide recommendations for next phase of Sustainability Program implementation.





### Environmental

#### MAIN LINE HEALTH SUSTAINABILITY STRATEGIC ROADMAP

The sustainability team has benchmarked our current initiatives and identified opportunities to develop a systematic implementation plan. This roadmap has been developed detailing the strategic goals and the ways to achieve them. This serves as the foundation for a cohesive ongoing sustainability program.

ID	Goal	FY 2023	FY 2024	FY 2025	FY 2026
Reporting	Improve Main Line Health's sustainability reporting capacity including: establishing a climate mission statement, initial reporting and data frameworks, a sustainability section on the Main Line Health website and working with partners to compare Main Line Health's initiatives to peers in the healthcare industry.				
Community	Develop a community outreach program related to environmental sustainability and community health.				
Design Operations	Establish processes for facilities maintenance operations, planning design and construction and leasing and site selection.				
Energy	Benchmark energy use for all Main Line Health sites, pursue rebates and incentives for eligible projects, establish an energy cost reduction goal.				
Waste	Establish and implement a waste management program, increase waste diversion from landfill, reduce infectious waste and establish a campus-wide composting program for the food-service areas.				
Water	Reduce organizational indoor water use by 10%.				
Carbon	Establish GHG Scope 1 and 2 emissions baseline and define boundaries for Scope 3 emissions, expand electric vehicle charging stations, evaluate feasibility of implementing reneweable energy and align to industrywide pledges on decarbonizing the healthcare sector.				
Employee Engagement	Develop Employee Engagement Campaign to educate on susutainable initatives within the workplace and to bring into their every day lives.				

Main Line Health established several priority goals and targets for Fiscal Year 2023 to support its sustainability efforts.

#### REPORTING

- Main Line Health established a climate statement that outlines our commitment to combating climate change. This statement is ever-evolving to reflect our ongoing commitments and priorities.
- A sustainability web page has been created to share sustainability-related progress, initiatives and to serve as a platform to engage with the community.
- Main Line Health is partnering with Practice
  Greenhealth, a leading networking organization
  for sustainable health care, to share environmental
  solutions that advance sustainability efforts in the
  industry. As part of this partnership, Main Line Health
  is submitting an application for the Environmental
  Excellence Awards, which examines energy, water
  and waste usage, as well as procurement and other
  operations. This will help the system measure
  progress over time, compare against peers and
  be eligible to earn awards for our commitment to
  excellence in environmental sustainability.

#### **COMMUNITY**

The sustainability team is collaborating across the organization to communicate environmental and community programs. These communications will bring community awareness of the programs and initiatives the system is spearheading. Community resources include wellness screenings, behavioral health support and education.



#### **ENERGY**

We are benchmarking our energy usage through the American Society for Healthcare Engineering (ASHE) Energy to Care program. We have established an energy reduction goal of 5% per year, and plan to reach this goal through strategic capital projects. We will evaluate increasing this goal annually.

#### **WASTE**

We are implementing a sustainable waste management program. Our efforts will focus on decreasing waste to landfill, reducing infectious waste and establishing a composting program.

#### **CARBON**

We have installed electric vehicle charging stations at a number of locations across the system to encourage EV usage and reduce the carbon emissions associated with fossil fuel-dependent transportation.

#### SUSTAINABLE BUILDINGS AND OPERATIONS POLICY

- Main Line Health developed sustainable operations guidelines to reduce the environmental impact regarding energy, water, waste, green cleaning and sustainable landscaping.
- Main Line Health has committed to develop sustainable design and construction guidelines that will be applied to all new construction and major renovation projects across the entire portfolio with a focus on energy efficient, waste and water reduction, environmentally friendly materials and health and well-being.
- Main Line Health has committed to develop sustainable site selection and leasing guidelines to ensure that all new leases require a baseline level of sustainability related focus areas.



Main Line Health is committed to reducing our energy consumption and operating in the most energy efficient way. We are accomplishing this by undergoing the following energy related strategies:

- Utility finance
- Demand side management
- · Reporting and compliance
- Energy procurement





# Certifications (LEED and Green Globes)

Main Line Health has certified more than one million square feet of facilities with a sustainability certification. The system has prioritized the following principles:

- Energy
- Water
- Materials
- Construction waste management

	Hospital Name	Location	Square Footage	Sustainability Certification
THE PART OF THE PA	Riddle Hospital, Riddle Health Center 4	Media, PA	78,000	LEED-CS v2.0 Gold Certified — 2011
	The Heart Pavilion at Lankenau Medical Center	Wynnewood, PA	312,000	LEED-NC v2009 Silver Certified — 2013
	Riddle Hospital Master Facility Plan	Media, PA	230,000	LEED v4 Healthcare Registered — Pending Certification
	Bryn Mawr Hospital	Bryn Mawr, PA	200,000	LEED v2009 Healthcare Silver Certified — 2021
	Lankenau Medical Center Emergency Department	Wynnewood, PA	32,200	LEED v2009 Healthcare Registered — Pending Certification
	Mirmont Treatment Center	Lima, PA	8,000	LEED-NC v2009 Silver Certified — 2015
	Urgent Care/Advanced Care Center	Wynnewood, PA	Not Available	One Green Globes Certified — 2018
	Concordville Health Fitness & Wellness Center	Glen Mills, PA	131,140	Two Green Globes Certified — 2017
	135 South Bryn Mawr Avenue	Bryn Mawr, PA	13,166	LEED-CS v2009 Certified — 2017
	Women's Specialty Care Center	King of Prussia, PA	86,038	Two Green Globes Certified — 2021



